



HOT OFF THE PRESS

Charlotte County Extension Services - 25550 Harbor View Road, Suite 3 - Port Charlotte, Florida 33980-2503 - 941.764.4345

In This Issue

CLUBS	2
4-H NEWS/ RECIPE	3
CULVERS NIGHT	4
4-H ALUMNI SPOTLIGHT	5
4-H FUN DAY IN THE PARK!	6
CALENDAR	7

*Charlotte County 4-H
Newsletter*



October 2015



More than 6 million young people across the country today will celebrate National 4-H Week, an annual celebration of 4-H during the first full week of October. Charlotte County 4-H will leverage National 4-H Week this year to showcase the great things that 4-H offers young people and highlights the incredible 4-H youth in the community who work each day to make a positive impact on the community.



Tufts University 4-H Study of Positive Youth Development have shown that 4-H'ers are:

- Nearly four times more likely to contribute to their communities,
- Two times more likely to pursue healthy behaviors like, and
- Two times more likely to engage in Science, Technology, Engineering and Math (STEM) programs in the out-of-school time.





JOIN THE CLUB

Monthly Clubs:

Cloverbud Club

Ages 5-7, as of September 1, 2015

This club meets the 1st Monday of each month, 6pm at the Extension Office in Port Charlotte.

Call (941) 764-4340 for more information.

Cows 'n Plows Swine 4-H Club

Ages 8-18, as of September 1, 2015

This club is for those showing a hog as their project. The club meets the 2nd Tuesday of each month, 6:30pm, at the Extension Office in Port Charlotte. For more information, call Nancy Lee at 941-637-0821 or Jackie Andrews at 941-628-6815.

Cows 'n Plows Beef 4-H Club

Ages 8-18, as of September 1, 2015

This club is for those showing a steer or heifer as their project. The club meets the 4th Tuesday of each month, 6:30pm, at the Extension Office in Port Charlotte. For more information, call Nancy Lee at 941-637-0821 or Jackie Andrews at 941-628-6815.

Four Paws & a Tail 4-H Dog Club

Ages 5-18, as of September 1, 2015 Project area includes dogs of all ages. For more information, contact Lucia Pink at 941-575-7535 or (863)-660-5969.

Fur 'n Feathers 4-H Club

Ages 5-18, as of September 1, 2015

This club meets the 1st Thursday of each month, 6:30pm, at the Extension Office in Port Charlotte. They raise small animals - rabbits, chickens, ducks, and cavies. For more information call (941) 764-4345

Just Kidding 4-H Goat and Lamb Club

Ages 8-18, as of September 1, 2015

This club meets the 3rd Wednesday of each month, 6:30 pm, at the Extension Office. For information contact Shelley Jordan at

shel.jordan67@gmail.com

Manes 'n Reins 4-H Horse Club

Ages 8-18, as of September 1, 2015

This club meets the 3rd Sunday of each month at 3:00pm. You will learn about horses, meet new friends, and have fun! Must have access to a horse to join. For more information, email Allyn Shelatz at

shelatz@comcast.net

Marine Ecology 4-H Club

Ages 8-18, as of September 1, 2015 Interested in learning about marine life and ecology? Then this club is for you! The club meets the 2nd Monday of each month, with field trips and competitions throughout the year. For more information, please email Buddy Harrison at cdrbee@gmail.com.

Teen Leadership 4-H Club

Ages 12-18, as of September 1, 2015

This club is for teens looking to be in a leadership position.

Please contact Pam Phillippe at 941-764-4345

Special Interest Clubs

These meet intermittently throughout the year in the form of day camps, workshops, or clinics.

Contact Pamela Phillippe at (941) 764-4345.

Environmental Explorers

Ages 5-18, as of September 1, 2015

Sewing and Consumerism

Ages 11-18, as of September 1, 2015

Fun with Foods

Ages 5-18, as of September 1, 2015

Outdoor Adventure 4-H Club

Ages 12-18, as of September 1, 2015

Veterinarian Science

Ages 11-18, as of September 1, 2015

Charlotte Shutterbugs Photography Club

Ages 8-18, as of September 1, 2015

Rockin' Paper and Scissors Scrapbooking Club

Ages 5-18, as of September 1, 2015



4-H News:

Club Leadership - Looking for Leaders!

We are looking for leadership assistance in several of our clubs. We need to find other parents, grandparents, community leaders that will assist in leading the clubs. The following clubs are in need of additional leadership help: Cloverbud, Fur & Feathers, and Manes & Reins. Please contact the Extension Office if you, or someone you know is willing to help!

ATTENTION CLUB MEMBERS!

If you are planning on running for an officer position, please be prepared by October 1, 2015 by having your one minute presentation ready as to why you should be in that certain position. The presentations WILL take place at your October club meeting!

NEW! Garden Club!

The new club will have a gardening bed at the South County Park in Punta Gorda. Saturday, October 10th at 9:30am, there will be a planting day for all members to attend. Please contact the Office at 941-764-4345 if you will be in attendance.

NEW OFFICER TRAINING!

If you are a new officer for the 2015-2016 4-H year, attendance is mandatory for officer training- being held on Saturday, October 24th from 10-2pm at the Extension Office!

Culvers Fundraiser:

November 16, 2015 from 4:00-8:00pm, 4-H and Culvers are teaming up for a fundraiser for Charlotte County 4-H! We will need members to come and help serve food! Please call the office if you can help: 941-764-4349.

Grilled Corn on the Cob!

Ingredients:

5 ears of corn on the cob, left in the husk
Olive oil or butter, enough to brush on cobs
Salt and Pepper to taste



Instructions:

1. Cut off excess silk hanging from the end and remove loose husk. If the ears have many layers of husk on them, peel off the first few only, leaving the inner layers for protection.
2. Soak the whole cobs in a pot of cold water for 15 minutes. Be sure the ears are completely covered with water. A bowl can be placed on top of them to weigh them down in the pot. The soaking will provide extra moisture for cooking and will steam the corn kernels inside the husks.
3. While the corn is soaking, preheat the grill to about 350 degree F.
4. After soaking, remove the corn from the water and shake off any excess water.
5. Begin by pulling the husks of the corn back (do not completely remove them). Remove and discard only the silk.
6. Brush the kernels with olive oil or butter. Before you re-wrap the corn in the husks, sprinkle with salt and pepper. Then reposition the husks back over the kernels.
7. Grill over medium heat, covered, turning when necessary to prevent too much charring on one side of the husk. Grill for approximately 30 minutes- turning every 5-8 minutes.
8. Remove from the grill and peel back the husks. Enjoy!

Nutrition Facts (per serving): Calories- 64, fat- 0.9g, Dietary Fiber-1.9g, Protein-2.0g

<http://www.farmflavor.com/grilled-corn-on-the-cob/>



Culver's 4-H Fundraiser



November 16, 2015 4:00-8:00pm

**10% of sales will be donated to Charlotte County 4-H
385 Kings Hwy, Port Charlotte, FL 33983 941-627-2600**

**We will need 4-H Members to volunteer for this event!
Please call 941-764-4349 to reserve your spot to volunteer!**



Present this voucher when ordering inside or drive-thru on **November 16 from 4 - 8 pm** and 10 % of your total will be donated to:

CHARLOTTE COUNTY 4-H

LET'S DO SOME GOOD

Culver's Cares

ORDER TOTAL:
\$.
(CASHIER TO COMPLETE)




Culver's of Port Charlotte
385 Kings Hwy
Port Charlotte, FL 33983
Phone: 941-627-2600

Culver's BUTTERHUNGERS FROZEN CUSTARD





Lana Cardwell

How long and what years were you involved in 4-H?

I was a member of Charlotte County 4-H for seven years– from 2001-2008

What clubs were you involved in? *I was involved in the Cows N' Plows club for all seven years that I was in 4-H. I showed hogs, steers, and a heifer. I also was involved in the 4-H Exchange club and was fortunate enough to travel to Montana for a week stay. We were hosted by a County 4-H in Montana for that whole week. I learned that a 'Gopher' in Montana was not a turtle- as it is known here in Florida. I also learned that wheat and cattle are big productions in Montana.*

Other than clubs, what other Charlotte County 4-H activities were you involved in? *I attended 4-H University in 2004 when I was a freshman in high school. I really enjoyed this trip, we had the opportunity to stay in the University of Florida's dorm rooms for that whole week! I learned a lot about the University and possible career opportunities. I met a lot of people throughout the Florida during my stay.*

What are you doing now? *I am currently the 4-H Program Assistant here in Charlotte County. I am also a graduate student at the University of Florida majoring in Agricultural Education.*

What did you have to accomplish in order to get where you are today? *4-H had a great influence on the person that I am today . I learned responsibility, time management, respect, and motivation to accomplish my goals. I attended Florida State University and received my undergraduate degree. I then moved back to Charlotte County and decided that I wanted to start a career that dealt with Agriculture and youth.*

If you could sum up your 4-H experience in one word, what would it be? *Grateful*

Did 4-H play a role in the person you are today? If so, how? *4-H has guided me down a path that I am forever thankful for. If I did not believe in the power that 4-H can have in ones life, I would not be employed here today. 4-H gave me the motivation to pursue my dreams and to never give up.*





Charlotte County
4-H Day in the Park!
Thank you to all of
our 4-H family for
coming out to
McGuire Park!



October 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Fur N' Feathers 6:30pm CES	2	3
4	5 Cloverbud 6:00pm CES	6	7	8	9	10 Garden Club 9:30am SCP
National 4-H Week						
11	12 Marine Club 6:30pm CES	13 Cows N' Plows Swine 6:30pm CES	14 Goat/ Lamb 6:30pm CES	15	16	17
18 Mane N' Reins 3:00pm	19	20	21 Dog 6:30pm CES	22 Teen Leadership 6:30pm CES	23 Homeschool 4-H Club 11:00am MPB	24 Club Officer Training 10-2pm CES
25	26	27 Cows N' Plows Beef 6:30pm CES	28	29	30	31 

CES = County Extension Service
 MPB= McGuire Park Building
 SCP= South County Park





4-H Youth Development

**UF/IFAS CHARLOTTE COUNTY
EXTENSION SERVICE**

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NEWSLETTER INFORMATION

If you have anything you'd like to include in future issues of Hot Off The Press (geared toward 4-H youth), please mail to the address listed above. You may also email us at ana.cardwell@charlottecountyfl.gov If your articles contain photos, please attach as a separate "jpeg" file in the email.

This is our main source of communication between the 4-H office, 4-H members, and 4-H leaders. Everyone is encouraged to utilize it to their advantage.



The Mission of UF/IFAS is to develop knowledge in agricultural, human and natural resources, and to make that knowledge accessible to sustain and enhance the quality of human life.

The enclosed material is provided as one of the many services relating to the educational programs offered by this agency. Our statewide network of faculty is prepared to provide current information on food, agriculture, marine and natural resource science, energy, nutrition, family and 4-H youth, and related fields. We will be happy to help you with additional information upon request.

All programs and related activities sponsored for, or assisted by, Charlotte County Extension Service are open to all persons regardless of race, color, age, sex, disability or national origin. Information from this publication is available in alternate formats. If you are a person with a disability and require auxiliary aids, services, or other accommodations for extension program offerings, please contact our office to discuss what accommodations are necessary.

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