

Introduction to Stop Motion Animation

April 2nd and 3rd 2015

9:00AM-3:00PM

Cost \$15.00

Discover how your favorite animated films were made



Learn how to make your own animated videos



This two day workshop is for youth ages 14-18 who wish to learn about the art of stop motion animation. This type of animation was used in movies like The Nightmare Before Christmas, Paranorman, Chicken Run, Frankenweenie and recently The Boxtrolls.

Topics will include:

- What is stop motion animation?
- The history of stop motion animation.
- Basic tools and materials needed.
- Composite filming using a green screen.
- Lighting



Each participant will receive a posable wooden manikin and clay to be used to create a stop motion video.

This workshop will be held at McGuire Park- 21125 McGuire Avenue, Port Charlotte, FL

Due to the fact that this is a hands- on workshop space is very limited.



YES! Reserve a spot for me! This form will reserve your spot for this two day class; an enrollment and participation form must be filled out separately. Send to Charlotte County Extension ATTN: Pam Phillippe at 25550 Harborview Road Port Charlotte, FL 33980

Name _____ Date: _____ Age: _____

Address: _____

Phone Number: _____ Email Address: _____

Club Updates:

April 2nd and 3rd

Stop Motion Animation TWO Day Class! \$15.00 per person, this two day workshop is for youth ages 14-18 who wish to learn about the art of stop motion animation. This type of animation was used in movies like *The Nightmare Before Christmas*, *Paranorman*, *Chicken Run*, *Frankenweenie* and recently *The Box-trolls*. Space is limited— reserve your spot today!

Shirt Orders

\$10.00 per shirt. The shirt was designed by 4H-ers, CJ and Michelle Rambo!

2015 Buyers Dinner

Friday, April 10 at 6:30pm
Charlotte County Fairgrounds

Camp Cloverleaf Teen Counselors – I haven't been told yet how many cabins we will be allowed, so I'm not sure of how many teens I can take as Counselors and/or Counselors-in-Training (CIT). The requirements for Counselors are: 16 years old, pass a fingerprinting and background check, and attend all of the counselor trainings. We can take Counselors-In-Training (CIT) 14 – 15 years old. Only active 4-H members may apply for counselor or counselor-in-training positions. Please let me know as soon as possible if you are interested in applying. CITs pay half price for camp, and there is no charge for counselors.

Camp Cloverleaf – Mark your calendar! June 29th to July 3rd is Camp Cloverleaf! We will begin accepting applications March 2nd. We are going to have more counties camping with us this year, so the number we are allowed will be less than normal. Cost will remain at \$250.00 for non-4-H members, and \$230.00 for active 4-H members. Full payment will be due by June 1st.

Recipe of the month:
Chocolate Avocado Smoothie!

Ingredients:
1 ripe medium avocado
1 heaping tbsp cocoa
1-1/2 cups milk
1/2 tsp vanilla
1 tbsp honey (optional)
1 cup frozen strawberries



Instructions
Place in blender and blend until smooth.



Leader of the Month:
Mr. Michael Flowers



Thank you Mr. Mike for leading our **Furs N' Feathers** club and helping our members learn as much as possible about their animals. We appreciate your dedication and hard work for Charlotte County 4-H youth!!



Are you Sun**AWARE** ?



While some exposure to sunlight can be enjoyable, too much can be dangerous—especially here in Florida! Overexposure to ultraviolet (UV) radiation from the sun can result in a painful sunburn. It can also lead to more serious health problems, including skin cancer, premature aging of the skin, cataracts and other eye damage, and immune system suppression.

BE SUNAWARE

Most people are un-aware that skin cancer is the most common type of cancer within the United States. More than one million cases are reported annually. By following some simple steps, you can still enjoy your time in the sun and protect yourself from overexposure.

UV Index	
Exposure Category	UV Range
Low	< 2
Moderate	3 to 5
High	6 to 7
Very High	8 to 10
Extreme	11 +

The UV Index forecasts the strength of the sun's harmful rays. The higher the number, the greater the chance of sun damage.

(www.epa.gov/sunwise/uvindex.html.)

Use these simple techniques to insure your skin is protected from the sun:


- **Do Not Burn:** Sunburns significantly increase one's lifetime risk of developing skin cancer, especially for children.
- **Avoid Sun Tanning and Tanning Beds:** UV light from tanning beds and the sun causes skin cancer and wrinkling.
- **Generously Apply Sunscreen:** about one ounce to cover all exposed skin 20 minutes before going outside. Sunscreen should have a Sun Protection Factor (SPF) of at least 15 and provide protection from both ultraviolet A (UVA) and ultraviolet B (UVB) rays. Reapply every two hours, even on cloudy days, and after swimming or sweating.
- **Wear Protective Clothing:** such as a long-sleeved shirt, pants, a wide-brimmed hat, and sunglasses, when possible.
- **Seek Shade:** when possible and remember that the sun's UV rays are strongest between 10 a.m. and 4 p.m.
- **Use Extra Caution Near Water, Snow and Sand:** reflect the damaging rays of the sun, which can increase your chance of sunburn.
- **Check the UV Index:** this provides important information to help you plan your outdoor activities in ways that prevent sun overexposure.
- **Get Vitamin D Safely:** through a diet that includes vitamin supplements and foods fortified with Vitamin D. Don't seek the sun.

Source: <http://www2.epa.gov/sites/production/files/documents/actionsteps.pdf>



APRIL 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Four Paws and a Tail Club 6:30pm (CES)	2 Fur N' Feathers Club 6:30pm (CES)	3	4
5 	6 Clover- bud Club 6:00pm (CES)	7	8	STOP MOTION ANIMATION		11
12	13 Marine Ecology Club 6:30pm (CES)	14 Cows N' Plows Club 6:30pm (CES)	15 4-H Association Meeting 6:30pm (CES)	16 Just Kidding Goat Club 6:30pm (CES)	17	18
19	20	21	22	23	24	25
26 Manes N' Reins Club 3:00pm (CES)	27	28	29	30		

CES = County Extension Service
MPB = Mcguire Park Building





4-H Youth Development

**UF/IFAS CHARLOTTE COUNTY
EXTENSION SERVICE**

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NEWSLETTER INFORMATION

If you have anything you'd like to include in future issues of Hot Off The Press (geared toward 4-H youth), please mail to the address listed above. You may also email us at ana.cardwell@charlottecountyfl.gov If your articles contain photos, please attach as a separate "jpeg" file in the email.

This is our main source of communication between the 4-H office, 4-H members, and 4-H leaders. Everyone is encouraged to utilize it to their advantage.



The Mission of UF/IFAS is to develop knowledge in agricultural, human and natural resources, and to make that knowledge accessible to sustain and enhance the quality of human life.

The enclosed material is provided as one of the many services relating to the educational programs offered by this agency. Our statewide network of faculty is prepared to provide current information on food, agriculture, marine and natural resource science, energy, nutrition, family and 4-H youth, and related fields. We will be happy to help you with additional information upon request.

All programs and related activities sponsored for, or assisted by, Charlotte County Extension Service are open to all persons regardless of race, color, age, sex, disability or national origin. Information from this publication is available in alternate formats. If you are a person with a disability and require auxiliary aids, services, or other accommodations for extension program offerings, please contact our office to discuss what accommodations are necessary.

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